

A New Way of Healing Tao of Surfing is an inspired book and a unique reflection that will have a lasting effect on anyone who reads it. -Bob Walch, The Monterey County Herald  
The roads I travel and the waves I search for and ride exemplify the flowing movement and continuous change of life itself. - From the book  
Author Allen in fine, thoughtful fashion writes well, informally, and there is haiku in his observations A delightful book, effortlessly wise.  
-The Book Reader  
From the first pages of this remarkable book I was captivated by the gently profound philosophy of riding through life with graceful balance.-Greg Ambrose, author of Surfers Guide to Hawaii and co-author of Memories of Duke, the Legend Comes to Life  
Internationally acclaimed and Pulitzer Prize nominated author Michael A. Allen, takes you on a journey into the recesses of your soul and explores the ontological question, What is our underlying essence? Mr. Allen uses the metaphor of the sea, and its ebb and flow, to describe the Tao of life's cycle. And he discovers within this unique reflection a new way to comfort and heal the Self from the trauma of death.  
His long time interest in film brought him to write the screenplay adaptation with his brother in law Alex Carig in order to make Tao of Surfing into a full-length feature motion picture. Mr. Allen was initially inspired to write Tao of Surfing after his brother-his surfing partner-died from the complication of AIDS.

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Buy Tao of Surfing: Finding Depth at Low Tide by Michael Allen (ISBN: ) from Amazon's Book Store. Everyday low prices and free delivery on.

Tao of Surfing has 7 ratings and 0 reviews. A New Way of Healing. Michael Allen provides the lay reader with a greater understanding of Tao. Michael Allen provides the lay reader with a greater understanding of Tao, an ancient Chinese philosophy that emphasizes simplicity and the flowing movement. A New Way of Healing Tao of Surfing is an inspired book and a unique reflection that will have a lasting effect on anyone who reads it. -Bob Walch, The. A New Way of Healing. Michael Allen provides the lay reader with a greater understanding of Tao, an ancient Chinese philosophy that emphasizes simplicity .

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